



Mile Square Running Club

Membership Application



Member #1490

You are invited to join the Mile Square Running Club and enjoy the camaraderie of running with friends all year round and participate in many of our social and running related activities.

The club is open to runners of all abilities.

Benefits of Membership

Camaraderie in Running	E-Mail Updates
Tuesday and Thursday Group Runs	Social Gatherings
Saturday Long Runs	Monthly Meetings
Member Road Runners Club of America	Information on Local Races
Club Web Site: www.msrcnj.org	

Our membership year runs from May through April.

Annual Dues: \$15 if paid between May 1st and January 31st.

\$20 if paid between February 1st and April 30th and your membership will carry over to the next year.

Our membership year runs from May through April.

Complete application, read and sign waiver, and return with check made payable to: **Mile Square Running Club, PO Box 682, Hoboken, NJ 07030.**

Name _____

Address _____

City _____ State _____ ZIP _____

Home Phone _____ Work Phone _____

Birthday _____ E-Mail: _____

New Membership Renewal Membership

I know that running/walking, and volunteering to work in club events are potentially hazardous activities and that I should not enter and participate in club events unless I am medically able and properly trained. I assume all risks associated with running/walking and volunteering in club events including but not limited to falls, contact with other participants, the effects of the weather, including low or high temperatures, and/or humidity, traffic and the conditions of the course, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your acceptance of this application for membership, I, for myself and anyone entitled to act on my behalf, waive and release the Road Runners Club of America, the Mile Square Running Club, and all sponsors, their representatives, employees and successors from any and all claims and liabilities of any kind arising out of my participation in club activities even though that liability may arise out of negligence on the part of the persons named in this waiver. Further I grant to all of the forgoing to use any photographs, motion pictures, recordings or any other record of club activities for legitimate purposes.

SIGNATURE _____ DATE _____

PARENT'S SIGNATURE _____ DATE _____

(if under 18 years)